



Mediterranean Fine Foods (u.k) Ltd.

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Whole Green Olives

3.2 Kg In Brine	3.2 Kg In Brine/Oil	5 kg In Brine	8 Kg Tub In Brine	10/13 kg In Brine
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Halkidiki Green – Extra Jumbo 161/180 (Greece)

Fresh and crisp

Halkidiki Green – Queen 101/120 (Greece)

Large oval shaped olives from Northern Greece, fleshy and firm

Egyptian Green (Egypt)

Large oval shaped olives infused with lemon giving zesty taste

Picholine – (France)

Picholines are green, torpedo-shaped olives from provence

Arbequinas (Spain)

Green olives

Manzanillas (Spain)

Green olives

Whole Black Olives

3.2 Kg In Brine	3.2 Kg In Brine/Oil	5 kg In Brine	8 Kg Tub In Brine	10/13 kg In Brine
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Kalamata - 181/260 (Greece)

King of all black olives! Purple, firm with strong flavour

Kalamata - Queen 101/120 (Greece)

King of all black olives! Purple, firm with strong flavour

Sahli (Tunisia)

Small round purple olive

Galega (Portugal)

Small round fruity olive

Thassos (Greece)

salt cured olives strong flavour

Volos Natural Black - 201/260 (Greece)

Large fully matured olives, tasty

Gaeta (Italy)

Round juicy olives

Whole Mixed Olives

3.2 Kg Brine	3.2 Kg Brine/Oil	5 kg In Brine	10/13 kg In Brine
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Greek Mix

Halkidiki greens and Kalamata olives

African Mix

A mix of Moroccan, Egyptian and Tunisian olives

Med Mix

Five varieties of olives from across the med regions

Pitted Olives

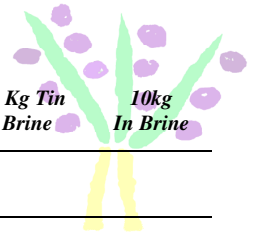
3Kg Tub
In Brine

3Kg Tub
Brine/Oil

5 kg Vac
Bag

5 Kg Tin
Brine

10kg
In Brine



Halkidiki Green – Extra Jumbo (Greece)

Fresh and crisp

Halkidiki Green – Colossal (Greece)

Large oval shaped olives from Northern Greece, fleshy and firm

Halkidiki Green – Queen (Greece)

Large oval shaped olives from Northern Greece, fleshy and firm

Black - 4kg tins (Morocco)

Pasteurized olives in low brine

Black - Queen 101/120 4kg tins (Morocco)

Pasteurized olives in low brine

Moroccan Dry (Morocco)

Salt cured olives, strong taste

Volos Natural Black (Greece)

Large fully matured olives, tasty

Kalamata (Greece)

King of all black olives! Purple, firm with strong flavour

Mixed Pitted

A mix of natural black, kalamata and halkidiki green olives.

Stuffed Olives

380 g
Jar

2Kg
Tray

3Kg Tub
In Brine

3Kg Tub
Brine/Oil

Bulk

Garlic – Colossal (Greece)

Halkidiki olives hand stuffed with Garlic pieces

Garlic – Queen (Greece)

Halkidiki olives hand stuffed with Garlic pieces

Pimento - Queen (Greece)

Halkidiki olives hand stuffed with Pimento paste

Pimento – Extra Jumbo (Turkey)

Halkidiki olives hand stuffed with Pimento paste

Jalapeno (Greece)

Halkidiki olives hand stuffed with Jalapeno Pepper

Real Red Pepper (Greece)

Halkidiki olives hand stuffed with real pieces of Red Pepper

Piri Piri Pepper (Greece)

Halkidiki olives hand stuffed with whole Red Chilli Pepper

Lemon or Orange (Greece)

Halkidiki olives hand stuffed with real Lemon or Orange zest

Almond (Greece)

Halkidiki olives hand stuffed with whole Almonds

Gherkin (Greece)

Halkidiki olives hand stuffed with whole Gherkin

Cheese (Greece)

Stuffed with a mixture of white and ricotta cheese & herbs

Blue Cheese (Greece)

Stuffed with a mixture of Blue and Ricotta cheese & herbs

Sun Dried Tomatoes (Greece)

Halkidiki olives hand stuffed with slices of Sun Dried Toms

Anchovy (Spain) 4.3 kg tin (2.2 kg dwt)

Manzalina olives stuffed with anchovy paste



Double Stuffed Olives

Shelf
Life 380 g
Jar

3Kg Tub
In Brine 3Kg Tub
In Oil

Garlic & Red Pepper

Pitted Green olives Stuffed with garlic & Red Peppers

Red Pepper & Jalapeno

Pitted Green olives Stuffed with Jalapeno & Red Peppers

Red Pepper & Almond

Pitted Green olives Stuffed with Almond & Red Peppers

Fresh Marinated Olives

Shelf
Life

Jumbo
Size / Kg

Queen
Size / Kg

Whole Green & kalamata with herbs

80

Mixed Whole Kalamata and halkidiki olives marinated with herbs in Oil

Pitted kalamata with herbs

80

Pitted Kalamata olives marinated with herbs in Oil

Pitted Green jumbo with herbs

80

Pitted Green Halkidiki olives marinated with herbs in Oil

Pitted Green & kalamata with herbs

80

Mixed Pitted Kalamata olives marinated with herbs in Oil

Rustic

80

Mixed Whole olives with garlic, Red Peppers & herbs

Provencal

80

Mixed Pitted olives with garlic & herbs

Chilli & Garlic

80

Mix Pitted olives marinated with Chili & Garlic

Garlic & Basil

80

Green Pitted olives mixed with Basil, Garlic & herbs

Garlic & Corriander

80

Green Pitted olives mixed Garlic, Fresh Corriander & Lemon

Harrissa

80

Green Pitted olives with Harissa paste

Sundried Tomato, Garlic & Rosemary

80

Green Pitted olives mixed with sliced SDT, Garlic and Rosemary.

Med Mix Delux

80

Mixed Pitted olives marinated with garlic, Mushroom, Artichoke, herbs



All our Olives are fresh and are either preserved in a 6 -7% brine solution or fully pasteurised in 100% sunflower oil to give them an ambient shelf life of 12-14 months

Please note that whilst every care was taken to remove all pits from pitted olives, some may have remained.
Please be vigilant when consuming or selling.



Deli Med Range

Code No.	760g Jar	1 kg Jar	2 kg. Tray
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Red Bell Peppers stuffed with Cheese

Spicy pepper stuffed with Feta & Ricotta cheese in oil

Red Sweet Peppers stuffed with Cheese

Sweet African Pepper stuffed with Feta & Ricotta cheese in oil

Green Chilli Peppers stuffed with Cheese

Spicy pepper stuffed with Feta & Ricotta cheese in oil

Garlic – Queen (Greece)

Halkidiki olives hand stuffed with Garlic pieces

Lemon or Orange (Greece)

Halkidiki olives hand stuffed with real Lemon or Orange zest

Piri Piri Pepper (Greece)

Halkidiki olives hand stuffed with whole Red Chilli Pepper

Almond (Greece)

Halkidiki olives hand stuffed with whole Almonds

Olives stuffed with Cheese

Stuffed with a mixture of feta and ricotta cheese & herbs

Olives stuffed with Blue Cheese

Stuffed with a mixture of feta and ricotta cheese & herbs

Olives stuffed with Sun Dried Tomatoes

Halkidiki olives hand stuffed with slices of Sun Dried Toms

Grilled Aubergines stuffed with Cheese

Grilled Aubergines wrapped around ricotta cheese & herbs

Grilled Mushrooms with Chilli in oil

Grilled Mushrooms marinated with Garlic & Chilli in Oil

Olives Mexicana

Green Pitted olives with Jalepeno & Red Peppers in oil

Olives Bosca

Pitted olives mixed with Mushrooms, Pepper, Herbs and Garlic

Med Salad

Green Pitted olives mixed with Cubes of cheese & sliced SDT

Grilled Vegetables

Code No.	290 g Jar	780 g Tin	1kg Jar.	1 kg Tray	Bulk Unit
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Char Grilled Aubergines (Italy)

Sliced Aubergines Marinated with Herbs in Sunflower Oil

Char Grilled Courgettes (Italy)

Sliced Courgettes Marinated with Herbs in Sunflower Oil

Char Grilled Peppers (Italy)

Peppers Marinated with Herbs in Sunflower Oil

Char Grilled Mushrooms (Italy)

Button Mushrooms Marinated with Herbs in Sunflower Oil

Char Grilled Whole Artichokes (Italy)

Artichokes Marinated with herbs in Sunflower Oil

Mixed Vegetables Char Grilled (Italy)

Assorted Vegetables Marinated with herbs in Sunflower Oil



Mezes & Anti Pasti

250 g Tray 290 g Jar 760g Jar 2 kg Tin 5 kg. bag Bulk Unit

Sun Dried Tomatoes (Turkey) 5 kg bag
Classic Sun Dried Tomatoes Halves Marinated in Sunflower Oil

Sun Dried Tomatoes in oil (Turkey) 2.9 kg Jar
Classic Sun Dried Tomatoes Halves Marinated in Sunflower Oil

Semi Dried Tomatoes “Pachino” (Italy)
Semi Dried Tomatoes Halves Marinated in Sunflower Oil 1kg Jar

Sun Touched Tomatoes “Il Pesatore”
Sweet, Soft & Succulent Semi-dried Halved Tomatoes 1kg tub

Whole Artichokes hearts (Italy) 2.9 kg Jar
Artichokes Marinated with Garlic & Herbs in Sunflower Oil

Mixed Wild Mushrooms (Italy) 2.9 kg Jar
4 varieties of wild mushrooms in Oil

Plain Garlic Cloves
Plain Garlic Marinated in Sunflower Oil

Marinated Garlic in Herbs - 2.100 g Glass jar
Large Garlic Cloves Marinated with Herbs in Oil

Marinated Garlic Cloves in Chilli - 2.100 g Glass jar
Large Garlic Cloves Marinated with Chili in Oil

Dolmades
Stuffed Vine leaves stuffed with rice, herbs and seasonings.

Giant Butter Beans in Tomato sauce
Traditional white Butter Beans in a Tomato sauce with herbs

Specialities

280 gr. Tray 180gr. jar 950 g. Tray 1 kg Tin 2 kg Tin/Tub Bulk Unit

Plain Garlic Cloves
Plain Garlic Marinated in Sunflower Oil

Green Chillies (Greece) 7 kg dwt
Green Makedoniki chili peppers pickled in Brine

Baby Cornichons 3-5 cm (Spain) 1.65 kg Tub
Baby Gherkins in Brine

Caperberries 1.65 kg Plastic Tub
Caper from Northern Spain in Brine

Baby Capers 8-9 mm 1.65 kg Plastic Tub
Caper from Northern Spain in Brine

Roasted Red pepper (Greece) 4.2 kg Tin
Roasted Florini Peppers in Brine

Borettane Onions in Balsamic Vinegar
Italian Onions pickled in Balsamic Vinegar - 2.6kg dwt Tin

Artichoke Hearts
Italian Artichokes in Brine – 3kg Tin

Pesto Genovese (Italy) 5kg tin
Classic Italian Basil Pesto

Harissa Paste (Morrocco) 9kg tub
Thick Chilli & Garlic paste



Olive Oils

250 ml Bottle	500 ml Bottle	750 ml Bottle	1 lit Bottle/Tin	3 lit Tin	5 Lit Tin
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Extra Virgin Olive Oil (Greece)

Extra Virgin Olive Oil from the Island of Crete

Extra V.O infused With Herbs

Extra Virgin Olive Oil infused with Garlic, Basil or Oregano

Extra Virgin Olive Oil "Latzimas" (Greece)

Extra Virgin Olive Oil from the Island of Crete P.D.O Rethymno

Extra Virgin Olive Oil "Canoliva" (Spain)

Extra Virgin Olive Oil from the Peloponese region

Extra Virgin Olive Oil "Tarascio" (Italy)

Extra Virgin Olive Oil from Italy

Organic Extra Virgin "Latzimas" (Greece)

Extra Virgin Olive Oil from the Island of Crete P.D.O Rethymno

Pure Pomace Oil

100% Pomace Oil

Blended Pomace Oil

49% Pomace Oil 51% Soya Oil

Salad Oil (Greece)

20% Olive Oil 80% Sunflower Oil

Vinegars

250 ml Bottle	750 ml Bottle	1 lit Bottle	3 lit Tin	5 Lit Tin
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Modena Balsamic Vinegar 4 (Italy)

Aged Vinegar Grade 4

Modena Balsamic Vinegar 6 (Italy)

Aged Vinegar Grade 6

Modena Balsamic Vinegar 8 (Italy)

Aged Vinegar Grade 8

Modena Balsamic Vinegar 10 (Italy)

Aged Vinegar Grade 10

Modena Balsamic Vinegar 12 (Italy)

Aged Vinegar Grade 12

Sherry Vinegar

Retail Specialities

Code No.	280g lit Tin
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Imam (Greece)

Eggplant cooked in Tomato Sauce.

Stiffado (Greece)

Onions cooked in Tomato Sauce.

Laxano Dolmades (Greece)

Cabbage Leaves stuffed with minced meat and rice

Meatballs (Greece)

Meatballs cooked in Tomato Sauce.

Squid Piquant (Greece)

Squid Marinated in spicy Tomato Sauce.

Octapodi (Greece)

Octopus marinated in oil and oragano.



Nuts

	Code No.	280 gr.	180gr. jar	950 g. Tray	1 kg Tin	2.5 kg bag	Per kilo
Almonds Roasted & Salted							
Almond Lemon Roasted & Salted							
Almonds Smoked & Spicy / Smoked							
Almonds Honey							
Cashews Black Pepper & Sea Salt							
Cashews Frosted							
Cashews Chilli							
Cashews Honey							
Hazelnuts Honey							
Hazelnuts Roasted & Salted							
Macadamia Roasted & Salted							
Macadamia Honey							
Peanuts Honey							
Peanuts Roasted & Salted							
Mixed Nuts Roasted & Salted							
Mixed Berries & Nuts							
Mixed Chili Nuts							

Turkish Delight 'Sebahat'

	Code No.	300 gr.	220 gr.	5Kg	Per/kg
Rose					
Rose + Lemon					
Lemon					
Orange					
Mint					
Strawberry					
Banana					
Walnut					
Chocolate					
Special					
Pistachio Powder					
Extra Pistachio					
Milk Coconut					



Halva

Code No. 12x400 g. 12x380 gr. 12 x 800 g 2 x 3 kg Block

Plain

Cocoa

Pistachio

Helva spread Cocoa

Helva spread Vanilla

Baklava

200 g. 250 g. 500g Per Kilo

Assorted Mix

A mixture of all different types of Baklava.

Fingers

Pastry made with molina flour, water, ghee and salt filled with cashew pr pistachio.

Bourma

Shredded pastry filled with pistachios, fried in oil and soaked in sugar and glucose syrup

Birds Nest

A nest made of shredded pastry housing full roasted pistachio sweetned with sugar and glucose syrup.

Colschor

A mixture of all different types of Baklava.

Coconut Pistachio

Crushed coconut filled with pistachio and garnished with fine crushed pistachio.

Baklava Pistachio

Pastry made with molina flour, water, ghee and salt filled with pistachio.

Baklava Almonds

Pastry made with molina flour, water, ghee and salt filled with almonds.

Baklava Walnut

Pastry made with molina flour, water, ghee and salt filled with walnut.

Baklava Bracelet

Pastry made with molina flour, water, ghee and salt filled with cashew or pistachio and sugar with glucose syrup poured on it. Garnished with cashews.

Namoura

Semolina flour mixed with ghee, sugar, milk, coconut & tahini and garnished with almonds. Sweetned with sugar and glucose syrup.

Caramalized Mixed Nuts

Roasted pistachio, almonds, walnuts, cashew nuts & peanuts mixed together & cooked in sugar and glucose syrup.

Shredded Fingers

Finger shaped product made with shredded pastry filled with pistachio or wlnut roasted with pure ghee and with sugar and glucose syrup. Sweetned.



Fudge

Code No. 200 g. 250 g. 500g . Per Kilo

Assorted

Pasta "Garofalo"

	Code No.	Pack Size	Per Case	Unit Cost
Spaghetti	1080	24 x 500g		
Linguine	1080	24 x 500g		
Fusilli	1080	16 x 500g		
Fusilli Lunghi	1080	20 x 500g		
Penne zitoni	1080	16 x 500g		
Mafalda Corta	1080	16 x 500g		
Rigatoni	1080	16 x 500g		
Radiatore	1080	16 x 500g		
Ruote	1080	16 x 500g		
Stelline	1080	16 x 500g		
Farfalle	1080	16 x 500g		
Mafalde	1080	16 x 500g		
Tagliatelle	1080	12 x 500g		
Parpadelle Nido	1080	12 x 500g		
Lasagne Riccia	1080	12 x 500g		

DELIVERY INFORMATION

LOCAL DELIVERIES ARE KEPT TO A TUESDAY, WEDNESDAY AND THURSDAY, DEPENDING ON YOUR LOCATION AND ORDERS MUST BE PLACED 48HRS IN ADVANCE. THERE IS A MINIMUM ORDER OF £50.00. ORDERS RECEIVED UNDER THIS AMOUNT WILL BE SUBJECT TO A SURCHARGE OF £5.00.

FOR CUSTOMERS OUTSIDE OF OUR DELIVERY AREAS WE OFFER THE SERVICE OF AN OUTSIDE TRANSPORT COMPANY. ORDERS GENERALLY TAKE 48HRS TO DELIVER AND A CARRIAGE CHARGE WILL APPLY. COST WILL DEPEND ON THE SIZE OF ORDER AND LOCATION.

PLEASE ASK US FOR DETAILS WHEN PLACING YOUR ORDER.

WE DO NOT DELIVER WEEKENDS OR BANK HOLIDAYS.

RECEIPT OF GOODS

WE WOULD ASK THAT ALL GOODS ARE CHECKED AT TIME OF DELIVERY AND ANY DISCREPANCIES BE NOTIFIED TO US IN WRITING WITHIN 24 HOURS OF RECEIPT OF GOODS. ALL INVOICES MUST BE PAID IN FULL. ANY DISPUTES WILL BE ADDRESSED SEPARATELY AND WHERE NECESSARY A CREDIT NOTE WILL BE ISSUED.

PAYMENT TERMS & CREDIT FACILITIES

INITIALLY PAYMENT TERMS ARE STRICTLY BY PRO FORMA INVOICE.

CREDIT FACILITIES ARE AVAILABLE SUBJECT TO APPROVAL ONCE A CREDIT APPLICATION FORM HAS BEEN SUBMITTED. IF ACCEPTED ACCOUNTS ARE TO BE SETTLED **15 DAYS FROM DATE OF INVOICE** .

PAYMENTS CAN BE MADE BY C.O.D (LOCAL DELIVERIES ONLY), CARD TRANSACTIONS OVER THE TELEPHONE, CHEQUE BY POST & BY B.A.C.S PAYMENTS ON-LINE.

ABUSE OF CREDIT TERMS MAY RESULT IN YOUR ACCOUNT BE PUT ON STOP AND INTEREST OF 5% PER MONTH ABOVE BANK BASE RATE MAY BE APPLIED. ORDERS MAY NOT BE SENT OUT IF PAYMENT IS OVERDUE.

PRICES

PLEASE NOTE THAT PRICES IN THIS BROCHURE MAY CHANGE WITHOUT NOTICE. HOWEVER, WHERE POSSIBLE WE WILL ALWAYS ENDEAVOUR TO GIVE OUR CUSTOMERS NOTICE PRIOR TO CHANGES. FOR CUSTOMERS USING AN APPOINTED WHOLESALER PRICES AND TERMS MAY VARY ACCORDINGLY.

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